

# THRIVE OUTSIDE IN THE MUD

AN EVENT TO BENEFIT THRIVE OUTSIDE

**Sunday September 8, 2019**

**Event will be held at Frerichs Farm**

43 Kinnicut Ave, Warren, RI 02885

**Registration open from 8:30am - 12:30pm**

**Waves run until 12:30pm** (more may be added as needed on event day)

# Overview

Registration will be open from 8:30am - 12:30pm  
Course will close by 2pm

Please allow yourself enough time to park, check in and get to the start line!

Day-Of registration will be available (Credit Card Fees Not Included)

Child: \$25.00

Adult: \$15.00

Waves will run every 10 minutes until 12:30pm - more may be added on event day as needed

## Be Prepared

### NIGHT BEFORE

- Pack Photo ID
- Hydrate!!
- Print and Sign Waiver
- Get a good night's sleep
- Pack bug spray and sunscreen
- Bring a change of clothes - you're gonna get muddy!
- Prepare for a space to change - we do not have dressing areas

### MORNING OF EVENT DAY

- Arrive at least 30 minutes prior to your wave time
- Children under 18 must be accompanied by a parent or guardian to sign waiver

## Parking & Spectators

- Parking will be available on site at 43 Kinnicut Ave, Warren, RI 02885
- There will be a \$10.00 parking fee per vehicle
- Spectators are welcome!

# After Your Run

## Fire Truck Rinse Station

Rough and Ready Engine 5 of Warren will be there to hose you off after your Run!

## Hang around the Farm and have some fun before and after you run

Frerich Farm **Corn Maze** is open and free all day

## Food Trucks

- Kick'n Cold Brew coffee cart
- The Castaway food truck
- Palagi Brothers ice cream truck

# Please Note

As Event Day approaches our e-mail volume grows significantly - as does our workload. The closer we get to event day the more our attention moves toward course creation on site. We will do our best to return your e-mails phone calls within 24 hours.

# More Information

- Behavior deemed inappropriate or efforts to undermine the integrity of this event will result in removal from the property and, if applicable, the filing of criminal charges or civil suit. There is NO ALCOHOL allowed on the premises.
- We want your family and friends to enjoy their time at The Amazing Wish Race. While you are out on the course spectators must STAY BEHIND the roped off areas for safety. Non-runners found on the course will be asked to leave

# Event Area Map

Below you will find a map of the event space, which includes parking, registration and after party areas

A full map of the course will not be released - why ruin the surprise!

